



DIRECTORS CORNER

Promoting L-O-V-E in Your Home

Around Valentine's Day, the word love seems to be everywhere: on mushy cards and candy hearts, in sappy movies on TV, or in the hundreds of Valentine's Day cards you diligently make for your child's school party. We all have our own definition of the word love and what it means to our lives. One thing we do have in common, as parents, is that we all love our children and want what is best for them. The bottom line for Valentine's Day is this: Love is essential. Our children must feel loved, on good days and bad, in order to learn to love in return. Here are a few ideas to promote love in your home.

-Start by giving your family an identity. Say, "In our family, we..." This helps to make your expectations clear and supports your family's values.

-If you have little ones, remember to get down on their level when you talk with them; eye contact is so important!

-Once in a while, spend the extra five minutes to read that one extra story before bedtime. You will miss it when it's gone.

-Eating dinner together as a family at the table on most nights is one of the number one ways to keep your family close. Is life too hectic at night? Make it a habit for everyone to wake up a half hour early and eat breakfast together instead.

-Think about the words you are using when you talk to your child...how many times a day do you say the word "no?"

-Don't forget to let your child talk, too! Even the youngest of children need to be heard.

-You don't need to yell to get your point across. Try not to yell at your children and try not to yell in front of your children. If you feel like yelling, stop and take a moment to get in control. Yelling is contagious.

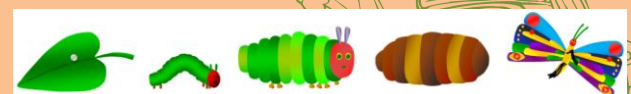
-A child is never too old for you to tell them "I love you", even if they don't say it back, even if it's been awhile since those words have been uttered in your family, or even if you think they already know. Say it and say it often!

DONATIONS/VOLUNTEERS NEEDED

*We are currently in need of glue sticks and paper towels. Both supplies are running low. Thank you so much to all of you who have brought these items in so far.



We had so much fun at the Overture Center on Thursday! Thank you to all the parents, students and teachers for making this a fabulous field trip. I know my children rushed home to re-read the favorite books we saw acted out yesterday. What a great experience to share with our little ones.



OUR FAVORITE BOOKS THIS WEEK:

In honor of our field trip this week, check out our Eric Carle favorites to share with your child:

- The Very Hungry Caterpillar
- What's Your Favorite Animal?
- Friends
- The Mixed-Up Chameleon
- Little Cloud

Upcoming Dates:

- February 26 (5-6pm),** Pizza Pick Up
- March 3,** Bowling Tickets Available
- March 11,** PTO Meeting 8:15am
- March 14,** PCP Family Fun Bowling Night
- March 24-28,** Spring Break

Birthdays:

- 2/16 Cayden W.
- 2/19 Lillian S.
- 2/23 Landon P.

Happy Birthday from your PCP family!

EMILS PIZZA SALE

Our pizza orders have been put in! We met our goal of 5 pizza's per family! Thank you so much to everyone who placed an order. Our school really does depend on fundraising to keep us going. We try to only sell items that we feel people really want and would be buying anyway. Hope you all enjoy your pizzas! **Pick up will be on Wednesday, February 26th from 5-6pm.**



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