

RECOMMENDED RESOURCE LIST

Parent's Cooperative Preschool

Fall 2020

Families and School Together

A resource list created by the Teachers and Staff of PCP



Learning through unprecedented times

A limited list of tips, ideas and links for families to use to supplement their child's growth outside of the classroom as desired





Recommended Learning Resource List

Local Organizations and/or ideas to give and support the Fort Atkinson Community

- Make thank you cards/drawings/crafts to show appreciation (for caregiver(s), health care workers, police department, fire department, public library, etc.)
- Drop and Dash a card or homemade gift to someone who you know are unable leave their home
- Collect food for the local food pantry: <https://fortatkinsonfoodpantry.org>

Social Services and Local Community Services for Families

- Fort Food Pantry: <https://fortatkinsonfoodpantry.org>
- Jefferson Food Pantry: http://jeffersonfoodpantry.com/?page_id=17
- Whitewater Food Pantry: <https://www.facebook.com/WhitewaterFoodPantry>
- Milton Food Pantry: <https://www.milton-wi.gov/425/Milton-Food-Pantry-Milton-Community-Acti>
- Ruby's Pantry (open to all): https://www.rubyspantry.org/location/140?fbclid=IwAR2ZO-gBPsXGyrTNRU8D_gYkXdITcevBPPkHp1Qv8Gt8-PfAFNxyBI_f9Y
- Jefferson County Pet Food Pantry: <http://www.jeffcopetfoodpantry.org>
- United Way of Jefferson and North Walworth Counties: <https://uwjnwc.com>
- Jefferson County Health Department: https://www.jeffersoncountywi.gov/departments/health/wic/wic_program_information.php
- United Way of Jefferson and North Walworth Counties: <https://uwjnwc.com>

Information from Wisconsin Department of Children and Families (DCF) & Wisconsin Department of Public Instruction (DPI)

- NY State Ed Dept – Early Learning: <http://www.p12.nysed.gov/earlylearning/>
- PBS for Kids: <https://www.pbs.org/parents>
- PBS Learning Media: <https://wisconsin.pbslearningmedia.org/>
- New America: Online Learning in the Wake of COVID-19: Tips and Resources for PreK-12 with Equity in Mind: <https://www.newamerica.org/education-policy/edcentral/online-learning-wake-covid-19/>

Preschool Facebook Groups/Blogs (appropriate and helpful for families)

- PreK Pages: <https://www.pre-kpages.com/my-favorite-blogs/>
- PreKinders: <https://www.prekinders.com/>
- Crafts: <https://www.redtedart.com/>
- List of blogs: <https://blog.himama.com/top-25-early-childhood-education-blogs/>

Gross motor

- Understood: <https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/movement-coordination-issues/all-about-gross-motor-skills>
- Empowered Parents: <https://empoweredparents.co/gross-motor-skills-for-preschoolers/>
- Teaching Mama: <https://teachingmama.org/gross-motor-skills-why-they-are-important/>
- You tube – Look up “preschool songs with gross motor”
 - https://www.youtube.com/playlist?list=PLr3qwB3E7s8g9_xM-CxiTP3MqID7aTR1t
- Jack Hartmann: <https://www.youtube.com/watch?v=QmoE8NSkK7s>
- Learning Station: <https://www.youtube.com/watch?v=69f9sCwhwYk&list=PL7ygALK0DQLW1j0678lUrje8yrozo3QC2>
- Pink Fong: <https://www.youtube.com/watch?v=JNIEyw8BonU>
- Moovlee: https://www.youtube.com/watch?v=t_AUD0DT30&list=PLZDk3GII-gAUqbpKGzDTkFNv7mmXoJazy&index=46
- The Measured Mom: <https://www.themeasuredmom.com/indoor-gross-motor-activities/>
- Mom Loves Best: <https://momlovesbest.com/gross-motor-activities-preschool>

Fine Motor Skills

- Understood: <https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/movement-coordination-issues/all-about-fine-motor-skills>
- Healthline: <https://www.healthline.com/health/fine-motor-skills>
- Early Learning Ideas: <https://earlylearningideas.com/cutting-with-scissors/>
- Fun Learning: <https://funlearningforkids.com/favorite-fine-motor-activities-preschoolers/>
- Imagination Tree: <https://theimaginationtree.com/40-fine-motor-skills-activities-for-kids/>
- TheraKids: <http://www.therakids.org/media/pdf/FineMotorActivitiesForHome.pdf>

Reading/Literacy

(also, book titles for fun and/or to introduce/expand a topic)

- PBS Kids: <https://www.pbs.org/parents/preschool-learning-at-home>
- Starfall: <https://www.starfall.com/h/index-kindergarten.php>
(math, reading, letters, colors, numbers, puzzles, calendar, songs. \$0/Basic or \$35/year to expand available activities)
- Epic: <https://www.getepic.com>
(Read aloud books 30 days free, \$10/month or \$72/year)
- Barnes and Noble: https://www.barnesandnoble.com/b/free-ebooks/kids/_/N-ry0Ztu1
(Free eBooks for kids)
- Kid Minds: <https://kidminds.org/kidminds-books-kids-reading-list/>
(books recommendations by month, simple science, art, math. FREE)
- Dwight Foster Public Library: <https://www.fortlibrary.org/>
(Get free access to audio books, books, and videos)
- Scholastic: <https://www.scholastic.com/parents/books-and-reading/books-and-reading-guides/raise-reader-parent-guide-to-reading-ages-3-5.html>
(Reading Guide for families of kids ages 3-5)
- Reading Rockets: <https://www.readingrockets.org/article/strategies-promote-comprehension>
- ABC's of Literacy: <https://abcsofliteracy.com/pre-reading-skills-successful-readers/>
(Pre-reading Skills for Preschoolers)
- PreK Pages: <https://www.pre-kpages.com/reading-aloud-to-kids/>
(Tips about reading aloud to children)

Math/Number Recognition

- Starfall: <https://www.starfall.com/h/index-kindergarten.php>
(math, reading, letters, colors, numbers, puzzles, calendar, songs. Basic for free or \$35/year to expand available activities)
- AbcMouse:
<https://www.abcmouse.com/abc/?8a08850bc2=T789335599.1602540264.0923>
(1st month free, \$10/month)
- Learning Resources: <https://blog.learningresources.com/category/printable-fun/>
(printable worksheets by subject/FREE)
- Zero to Three: <https://www.zerotothree.org/resources/299-help-your-child-develop-early-math-skills>
- Preschool Plan-It: <https://www.preschool-plan-it.com/preschool-math-concepts.html>
- Math Blaster: <http://www.mathblaster.com/parents/math-activities/preschool-math-activities>
- Teaching Mama: <https://teachingmama.org/15-hands-on-math-activities-preschoolers/>
- Educational Preschool Games: <https://www.education.com/games/preschool/>

Science – STEAM

- Preschool Steam: <https://preschoolsteam.com/science-activities-preschoolers/>
- Fun Learning for Kids: <https://funlearningforkids.com/science-activities-preschoolers/>
- Parents: <https://www.parents.com/kids/education/math-and-science/9-fun-science-activities-for-preschoolers/>
- Science Buddies: <https://www.sciencebuddies.org/science-fair-projects/science-projects>

Art and Music

- Play to Learn: <https://playtolearnpreschool.us/art/>
- Empowered Parents: <https://empoweredparents.co/art-activities-for-preschoolers/>
- Happy Hooligans: <https://happyhooligans.ca/25-easy-art-techniques-preschoolers/>
- Nickelodeon Parents: <http://www.nickelodeonparents.com/>
- Very Well Family: <https://www.verywellfamily.com/preschool-music-activities-2764608>
- Wide Open School: <https://wideopenschool.org/#grades-3-5/>
(links to various websites which offer a diverse collection of art and music)

Speech and Language



Teacher Tips for speech and expressing one's self:

- Adults should speak correctly (no baby talking)
 - Speak out loud as much as possible
 - Tell your children what you are doing
 - READ to your child!!
 - Sing songs with your child.
 - BE A GOOD MODEL!
- National Institute on Deafness and Other Communication Disorders Info and Checklist: <https://www.nidcd.nih.gov/health/speech-and-language>
 - Developmental Checklist: <https://speechandlanguageathome.com/developmental-milestones>

Spanish

- Games: <https://spanishmama.com/fun-spanish-games-for-kids/>
- Books: <https://www.spanishplayground.net/free-printable-spanish-books/>
- Interactive Games: <https://rockalingua.com/games>
- Games: <https://www.pandatree.com/games/spanish>

General Education

- A Great Website for All Learning Areas: <https://www.familyeducation.com/>
- ABCya!: <https://www.abcya.com/grades/prek>
- Learning Games for Kids: <https://www.learninggamesforkids.com/preschool-games.html>

Relaxation/Yoga

- Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga>
- Go Noodle: <https://www.gonoodle.com>
- Story Hive Yoga for Kids: <https://youtu.be/X655B4ISakg>
- Coping Skills for Kids: <https://copingskillsforkids.com/blog/calming-and-relaxing-coping-skills>
- The School Run: <https://www.theschoolrun.com/why-relaxation-important-children>

Social and Emotional

- PBS: <https://www.pbs.org/parents/learn-grow/age-2/emotions-self-awareness>
- Books about feelings: <https://childhood101.com/toddler-books-feelings/>
- Activities: <https://www.kiddiematters.com/100-social-skills-activities-preschoolers/>
- Tips: <https://www.parentingscience.com/preschool-social-skills.html>

Social and Sharing Skills

- Life skills checklist by age <https://www.playdoughtoplato.com/life-skills-checklist/>
- Kiddie Matters: <https://www.kiddiematters.com/category/social-skills/>
(activities, pintables, positive parenting tips for all ages from a social worker)
- Pathways: <https://pathways.org/getting-preschoolers-share/>
(how to get preschoolers to share)
- Parents: <https://www.parents.com/toddlers-preschoolers/development/social/ways-to-teach-sharing/> (creative ways to teach sharing)
- Empowered Parents: <https://empoweredparents.co/social-skills-activities/>

Sleep

- Recommended amounts of sleep: <https://www.sleepfoundation.org/press-release/national-sleep-foundation-recommends-new-sleep-times>
- Helping everyone get more sleep: <https://sleepingshouldbeeasy.com/sleep/>
(Includes lots of articles about being a parent, also)
- Tips: <https://www.stanfordchildrens.org/en/service/sleep-disorders/good-night-sleep>
- Strategies: <https://www.sleepfoundation.org/children-and-sleep/sleep-strategies-kids>